



## JOB DESCRIPTION

### JOB DETAILS:

<b>Job Title</b>	Specialist Perinatal Mental Health Midwife
<b>Pay Band</b>	Band 7
<b>Hours of Work and Nature of Contract</b>	37.5 hours per week
<b>Division/Directorate</b>	Mental Health & Learning Disability Division
<b>Department</b>	Perinatal Mental Health Team (Community)
<b>Base</b>	To be agreed at interview (the perinatal service is a regional service with a central base at Ysbyty Glan Clwyd)

### ORGANISATIONAL ARRANGEMENTS:

<b>Managerially Accountable to:</b>	Service Manager
<b>Reports to: Name Line Manager</b>	Team Leader
<b>Professionally Responsible to:</b>	Head of Midwifery

### Job Summary/Job Purpose:

The post holder will be part of a specialist multi disciplinary team and will provide support and highly specialised advice concerning care to women and a range of professionals across the health community. The post holder will assess and manage referrals across a spectrum of Perinatal Mental health issues and will be the lead specialist in their area. They will provide an advisory link between adult mental health and midwifery and obstetric



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services to provide continuity of care for pregnant and postnatal women who are experiencing mental health issues. The post holder will demonstrate high levels of autonomous practice and will be able to make decisions, plan effectively and be skilled in collaborative working. Education and training will be a key aspect of the role to ensure relevant staff working across BCUHB, are both competent and confident in the delivery and management of women with pre-existing and/or new mental health conditions. The post holder will understand the impact of poor mental health on maternal and infant health and will raise awareness of the positive outcomes that can be achieved by influencing effective care planning across primary care, maternity, adult mental health and children's services. Effective liaison and communication with other teams and organisations is a crucial part of this role.

#### **DUTIES/RESPONSIBILITIES:**

To provide clinical leadership within own specialist area and within agreed organisational boundaries.

To receive, prioritise and act upon referrals from other professionals in regard to Perinatal Mental Health.

To provide high quality care and support in the multi disciplinary management of women who have or are at high risk of developing mental health illness in pregnancy and the post natal period

To manage a caseload without direct supervision and to ensure that patients needs are met effectively.

In collaboration with consultant lead and midwifery managers lead the development and review of pertinent clinical guidelines and pathways for Perinatal Mental Health Support. Implement and develop a range of perinatal midwifery policies which impact across a range of BCUHB services.

To assist and advise women with, or at risk of, perinatal mental illness and their families to supplement the care provided by their midwives where necessary, for example working with women and their midwives to develop



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integrated care plans, and making referrals to additional specialist support where required.

To attend multi disciplinary case conferences and child protection meetings and take the lead in planning for individuals and their families.

To work as a key part of a multi disciplinary team and foster good communication and working relationships with colleagues across a range of disciplines.

To have excellent understanding of the impact of poor maternal mental health on infants and other family members, and the role that maternity services can play in mitigating this.

To act as an advocate on behalf of the service user where appropriate.

To take the lead in offering support and advice to women and other maternity professionals on the safe and appropriate use of medication during pregnancy and breastfeeding.

Monitors the perinatal midwifery team budgets.

To work within the aims and objectives agreed within the BCUHB Adult Mental health overall Clinical Governance framework.

Where appropriate the post holder will be supported to undertake professional supervision external to the Team.

## **RESEARCH, TRAINING AND DEVELOPMENT**

Collect appropriate data, maintain statistics for audit and service reviews and take a lead in the planning and development of the service.

To promote the Perinatal Mental Health service to other professionals within BCUHB and other sectors.

To provide a rolling programme of agreed training on Perinatal mental health issues for other professionals, particularly colleagues in midwifery, womens services and universal child and family health services.

To lead in evaluation, research and audit projects as required to ensure that practice is evidence based in order to improve standards of care.



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To work independently, providing teaching and instruction to nursing, midwifery, medical students and other health care professionals on issues relating to Perinatal mental health.

To ensure that mandatory training requirements are met on an annual basis.

To be aware of local and national developments within the field of Perinatal Mental Health. To attend workshops, conferences and Liaison Interest groups as required.

### **MANAGEMENT / ADMINISTRATION**

To be part of the management team of the Perinatal Mental Team, attending management meetings and being actively involved in the development of Team policy and procedures.

To maintain standards and ethics according to BCUHB Policy and National Midwifery Council Codes of Professional Practice.

The post holder will fully complete assessment documentation and assessment letters and forward to GP and other relevant parties involved in that individual's care.

In the role of Mentor/Assessor, to be responsible for facilitating student training placements, including offering teaching sessions, and to be involved in the training of other staff.

To maintain confidentiality of patient, members of the public and members of staff in accordance with BCUHB Policy.

To ensure efficient use of resources through adequate monitoring and control mechanisms. **ATTRIBUTES**

The post holder will have the ability to communicate clearly and accurately.

The post holder will be confident when working in a multi disciplinary way across a range of health and social care professionals.

The post holder will have the ability to be adaptable to new and changing circumstances.

A commitment to continuous improvements of patient care.

Ability and confidence to make clear decisions and recommendations autonomously.

The ability to recognise limitations in one's practice, taking appropriate measures to improve in such areas.

The ability to take the lead in research and continuous audit of clinical practice.

<b>PERSON SPECIFICATION Specialist Midwife</b>			
<b>ATTRIBUTES</b>	<b>ESSENTIAL</b>	<b>DESIRABLE</b>	<b>METHOD OF ASSESSMENT</b>
<b>Qualifications and/or Knowledge</b>	Registered Midwife Current NMC Registration Mentorship qualification Commitment to further study Evidence of CPD Awareness of political and wider health agendas relating to perinatal mental health	Additional post graduate qualification in Perinatal Mental Health education Educated to Masters level Clinical supervision qualification Trained in the 2day Institute of Health Visiting Perinatal Mental Health Champion course	Application Form & pre-employment checks

<p><b>Experience</b></p>	<p>Midwifery clinical experience post registration</p> <p>Experience of leading change</p> <p>Experience of delivering teaching to students or groups</p> <p>Understanding and knowledge of current issues in midwifery and NHS relating to perinatal mental health</p> <p>Specialist knowledge and experience in maternal/ paternal and infant mental health, developed through training and practice</p> <p>Clear understanding of Perinatal Mental Health &amp; Safeguarding guidance, policies and procedures</p> <p>Implementation of audit /</p>	<p>Experience of research activities</p> <p>Proven practice and service development skills to change and influence practice</p>	<p>Interview /</p> <p>Application Form /</p> <p>References</p>
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	<p>research recommendations</p>		
<p><b>Experience cont'd</b></p>	<p>Recent evidence of self- development</p> <p>Knowledge of and contribution to clinical governance framework</p>		